

Global Institute for Coaches and Entrepreneurs

Course Syllabus



Do you want to listen to Master LaKendra talk to you?

This is just what she does – LOL! You will get use to it 😊

Click or Copy/Paste The Link Below:

<https://www.loom.com/share/f2aeeb39fa8b4dcc9645ecab819d68ad>



Independent Study:
Life Coach Certification
w/ 1:1 Lead Coach
Facilitator For 14 Days.



Course Description

- The coaching course introduces learners to the field of life coaching practice.
- The course will teach the participants WHY they can call themselves a Certified Life Coach regardless of their personal or professional background.
- The course will introduce the learner to the definition of life coaching, the practice, and the difference between life coaching and conducting, mentoring, instruction, therapy, and advising.
- As part of coaching, learners will be introduced to the International Coaching Federation (ICF), their roles and code of ethics, pledges, and terms of service.

Note: We are not members of the ICF, but we respect their code of ethics and feel all Coaches should abide by them to have ethical guidelines to govern themselves.

- The learner will learn how to develop relationships and the principles behind essential coaching.
- The course will introduce the learner to the first-hand coaching experience and the step-by-step procedure of handling clients.
- The learner will learn to set up their private coaching centers and all the requirements such as establishing DBA, registering a business name, obtaining a tax ID, setting up a marketing message and creating a marketing plan and various options on how to conduct their practice either through face to face, email support, telephone or internet.

Course Objectives



OBJECTIVE 1

DIFFERENTIATE BETWEEN
COACHING, ADVISING,
INSTRUCTION, THERAPY.



OBJECTIVE 2

IDENTIFY THE DIFFERENT
NICHE IN COACHING.



OBJECTIVE 3

SEPARATE THE ROLE OF A
COACH AND A CLIENT.

Course Objectives



OBJECTIVE 4

DEFINE THE INTERNATIONAL
COACH FEDERATION CODE
OF ETHICS.



OBJECTIVE 5

HAVE A COMPLETE
UNDERSTANDING OF THE
COACHING AGREEMENT.



OBJECTIVE 6

HAVE THE ABILITY TO DEVELOP
A RELATIONSHIP WITH A CLIENT.

Course Objectives



OBJECTIVE 7

HAVE A REAL-LIFE
INTERACTION WITH HOW REAL-
LIFE COACHING OPERATES



OBJECTIVE 8

HAVE THE ABILITY TO
SET-UP A PRIVATE
COACHING PRACTICE

Syllabus

MODULE 1:

- Definitions
- Importance of a life coach
- Coaching vs. Therapy, Consulting, Mentoring, Instruction, and Advising
- Facts about the coaching profession
- Factors that make a good coach
- Specialties and coaching niches
- Setting the foundations
- Role distinctions
- ICF- Coaching ethics
- Helping professionals
- Coaching agreement

Syllabus

MODULE 2:

- Developing a relationship
- Establishing trust
- Cooperative communication
- Cooperative listening
- Asking the right questions
- Creating a personal vision
- Bridging the gap
- Establishing smart goals

MODULE 2 PROJECT:

It is time to create your 30-Day vision board. Think about your goals and the areas of growth you want to have RIGHT NOW. Create a 30-Day Vision Board to give you accountability and motivation of what is possible for your life. You can create a real-life vision board and record yourself explaining it. Or you can schedule time to share it with your Lead Coach if it's still within your 14-Day window. Lastly, you can create one using Canva - <https://www.canva.com> OR use a good'olé word document and copy/paste your vision. Those are ideas and the rest is up to you. Also, you will submit your list of questions to practice asking POWERFUL QUESTIONS. Have FUN!!

Syllabus

MODULE 3:

- What coaching looks like: in-depth
- Practicing and samples of how to coach

MODULE 3 PROJECT:

It is time to practice everything you have learned. You will need to complete #2 Assessment Coaching sessions. Practice the principles you learned thus far. Keep in mind that if it's within your 14-Day Lead Coach window, you can ask your Lead Coach to do a practice session with YOU being a client first. You will use your Life Wheel or Break Through Worksheet from the Pre-Work, followed by YOU coaching the Lead Coach as your first assessment. Then, you will have to find one extra person to Coach to complete your assessment. Note: Your session(s) without your Lead Coach will need to be recorded with your phone and uploaded to WeTransfer - <https://wetransfer.com/> or YouTube - <https://www.youtube.com/> to turn-in to grade. Please be sure to read the requirements on the individual platforms if you aren't familiar with either platforms.

Syllabus

Module 4:

- Establishing Your Business
- Your Core Marketing Message
- Developing Your Marketing Plan
- Marketing Tools
- Private Practice Options
- Useful Resource

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Module 5:

iC.A.R.E Heart Model 

via zoom - up to 4.0 hours

(Last Saturday of your scheduled month at 8:30am/CST-USA – unless noted

This only pertains to our Independent Study Program: In order to receive your certification, you must attend the LIVE teaching of our curated heart coaching model. We have tried every possible way to deliver the model through a self-learning experience, but it disconnected past students from the HEART of why GIC&E Inc. was built, which is to give Life Coaches real community. Therefore, CEO/FOUNDER decided to teach it LIVE to every single Coach that steps foot in our Institute.

It is important to her that everyone feels a part of our global community.

The iC.A.R.E. Model was designed by Master Coach LaKendra –

1. To help leaders taking this course to adopt the lifestyle of a Life Coach if doing nothing else with this intense learning experience.
2. Give you a guide to help grow your business and help your clients.

Master Coach LaKendra's goal is to certify one-million heart-centered Life Coaches all around the world – teaching them how to be more responsible leaders as they influence decisions everyday in the lives of other. This model will help you to tap deeper into your heart and bring upon your next level leadership.

Module 1- up to
4 hours

Module 2 - up
to 6-8 hours

Timeline

Module 3 - up
to 6-8 hours

Module 4 - up
to 4 hours

Additional Assignments:
30-Day Vision Board Project

iC.A.R.E Heart Model via zoom-
up to 4.0 hours

Assessment:
Conduct two practice coaching sessions

Course Policies

The minimum time to complete with the assistance of a Lead Coach is up to 14 days. After 14 days, the student will be left to complete on their own, and not to exceed 21 days to receive certification within the same month. If the student need additional time, they will have 90-days to complete the coursework.



On the 91st day, the course will expire, and the student will have to pay a reinstatement fee of \$97. This will repeat every 91st day until completed. Also, if exceeded beyond 90 days, it may delay the issuance of the certificate due to the availability of the iC.A.R.E. Heart Coaching Model. Please refer to the Lead Coach for the dates or check the website or email us.

Charges

2022 Tuition Fee: \$1797 with payment plan options. Must be paid-in-full to receive course work and assigned Lead Coach.

Once the deposit is paid, pre-requisite work will be sent via email.

Once tuition is paid in full, you will receive a unique link to log into your e-learning platform to begin learning experience.

Optional Charges

- **Life Coach Fast-track-** for \$197 in our program/with Coach Kay Zabala. She will spend up to 30days with as scheduled, while building your Life Coach practice out.

You will receive - Hands-on learning session, database of Life Coach forms, and toolkits that can be customized to jumpstart your journey.

Access to her for 30days as you begin your journey. (By appointment only)

- **Digital Professional Portfolio -** \$147/Annually or \$397/Lifetime

Our digital certificates, badges, and your professional information enables you to keep your proof of professional skills, certificates, certifications, etc., in one place to show your credibility and a professional Certified Life Coach. (You will get 1 year free to test it our and to download your certificate of completion.)

Contact us

Website: <https://www.globalcoachentrepreneur.org/>

Website: <https://www.giceloves.org>

Email: giceistudy@gmail.com



Follow Us
On Social Media
“Let’s stay connected”

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Instagram: https://www.instagram.com/gice_loves/

Twitter: <https://twitter.com/GICELifeCoaches>

